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# S.O.A.P.S.

Use a devotional notebook to record all five elements of your S.O.A.P.S.

- S = Scripture:** Prayerfully read one or more chapters of the Bible. Write down the portion of Scripture that speaks to you
- O = Observation:** What does Jesus Christ say to you through this portion of Scripture? About Himself / our Father / the Holy Spirit, His ways, people, you?
- A = Application:** How does Jesus Christ want you to respond to what He has said to you?
- P = Prayer:** Ask Jesus Christ to help you to respond in the ways He wants you to
- S = Share:** With whom will you try to share what Jesus Christ taught you during your SOAPS time?