

S.O.A.P.S.

Daily Devotional Time

Use a systematic approach to go through the whole Bible in your daily devotional times

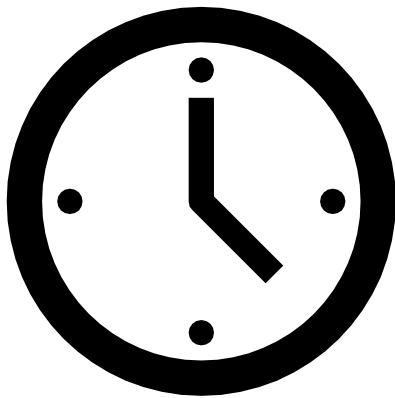
To start with, prayerfully read one chapter a day and use a devotional notebook to write down your SOAPS notes

Option one: Start at the beginning of the Bible and proceed from there

Option two: Switch between a chapter in the Old Testament and one in the New Testament on alternate days

Option three: The Seven Sections Approach, which is explained later

Choose the option that works best for you



Use a Devotional Notebook to record the five elements of your SOAPS

1. **S = Scripture:** Prayerfully read one chapter of the Bible. Write down the portion of that chapter that speaks to you
2. **O = Observation:** What does this portion of the Bible say about God, His ways, people, you?
3. **A = Application:** How does God want you to respond to what He said to you through His Word?
4. **P = Prayer:** Ask God to help you to respond to Him in a way that brings Him joy.
5. **S = Share:** With whom will you try to share what you learnt during your SOAPS time?

The Seven Sections Approach

- 1. Genesis to Deuteronomy**
- 2. Joshua to Job**
- 3. Psalms**
- 4. Proverbs to Song of Solomon**
- 5. Isaiah to Malachi**
- 6. Matthew to Acts**
- 7. Romans to Revelation**

Practical Tip:

*You might want to make seven book markers,
one for each section*

How to go through the Seven Sections:

- **Week 1**

1st day: Read chapter 1 of section 1

2nd day: Read chapter 1 of section 2

3rd day: Read chapter 1 of section 3, etc.

After one week you will have read the first chapter in each of the seven sections

- **Week 2**

1st day: Read chapter 2 of section 1

2nd day: Read chapter 2 of section 2

3rd day: Read chapter 2 of section 3, etc.

At the end of the second week, you will have read the second chapter in each of the seven sections

- In week 3 you read chapter 3 in each of the seven sections. Continue using the same systematic approach to read the whole Bible

Once you have completed a section, go through it again. You will read some sections more frequently but that is fine