



HOW TO PRAY FOR ONE HOUR USING THE PRAYER WHEEL

1. PRAISE Start your prayer hour by praising the Lord. Praise Him for things that are on your mind right now. Praise Him for one special thing He has done in your life in the past week. Praise Him for His goodness to your family. (Psalm 34:1)

2. WAITING Spend this time waiting on the Lord. Let Him pull together reflections for you. Think about the hour before you and the things you want the Lord to do in your life. (Psalm 27:14)

3. CONFESSION Ask the Holy Spirit to show you anything in your life which might be displeasing to Him. Ask Him to point out attitudes that are wrong, as well as specific acts for which you have not yet made a prayer of confession. Now confess that to the Lord and claim 1 John 1:9 so that you might be cleansed for the remainder of the hour before you, and then pick up and read the Word. (Psalm 51:1-19)

4. PRAYERFULLY READ THE WORD Spend time reading promises of God in the Psalms, in the prophets, and passages on prayer located in the New Testament. Check your concordance. (Psalm 119:97)

5. PETITION This is general request for others, praying through the prayer list, the prayer cards, or personal prayer interest on behalf of yourself and others. (Hebrews 4:16)

6. INTERCESSION Specific prayer on the behalf of others. Pray specifically for those requests of which you are aware. (Romans 15:30-33)

7. PRAY THE WORD Now take the Scriptures and start praying the Scriptures as certain sections of Psalm 119 lend themselves beautifully to prayer expression. (Psalm 119:38-46)

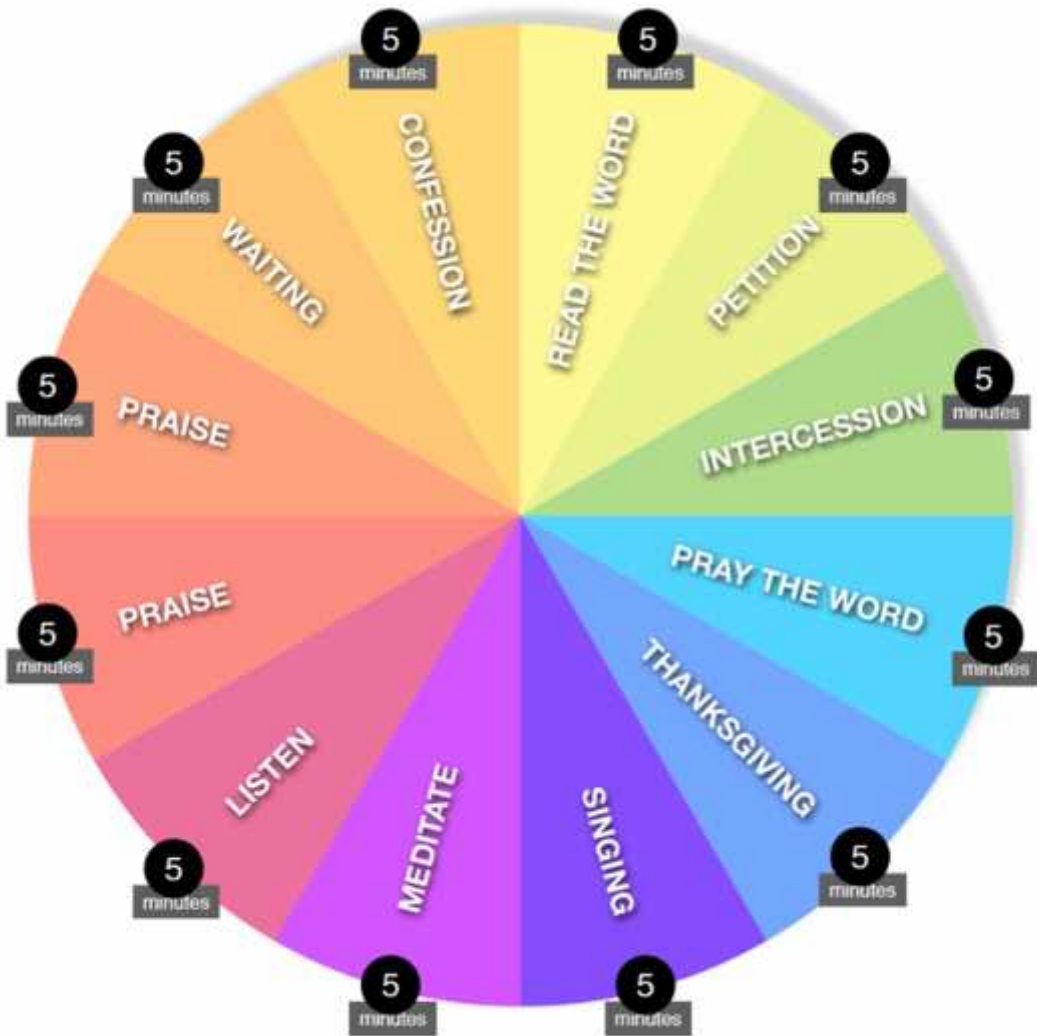
8. THANKSGIVING Spend these minutes giving thanks to the Lord for things in your life, things on behalf of the church, your extended family, your workplace and your community. (Philippians 4:6)

9. SINGING Take your hymnal and sing a prayer song, sing a praise song, sing a song regarding soul winning or witnessing. Let it be a time of praise. (Psalm 59:17)

10. MEDITATE ON THE WORD Ask the Lord to speak to you. Keep a paper and pen handy, ready to relate the impressions that He makes upon your life. (Psalm 63)

11. LISTEN Spend time merging the things you have read from the Word, the things you have prayed, the things you have thanked the Lord for, the things that you have been singing, and see how the Lord brings them all together to speak to you. (1 Samuel 3:9-10)

12. END WITH PRAISE Praise the Lord for the time you have had to spend with Him. Praise Him for the impressions that He has given you. Praise Him for the prayer requests He raised up in your mind. (Psalm 145:1-13)



Acknowledgement: Dick Eastman is the international president of Every Home for Christ, a ministry committed to taking a printed gospel message to every home in the world, and the author of numerous books on prayer. The Hour that Changes the World is available from Every Home for Christ (phone 800-423-5054, visit www.ehc.org, or order from your Christian book store)